



Ryhill Junior, Infant & Nursery School

Together we can achieve

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RELATIONSHIPS AND HEALTH EDUCATION

Dear parents/carers,

As part of our PSHE (Personal, Social, Health Education) Curriculum, we have been preparing for the new statutory requirements for Relationships Education that came into effect in September 2020.

The Department for Education has instructed schools to teach Relationships and Health Education as a statutory requirement in all year groups in Primary Schools from April 2021. An amendment to the Children and Social Work Act, section 34, 2017 made Relationships and Health Education at primary; and Relationships, Sex, and Health Education at secondary, statutory subjects.

Therefore, from Spring Term 2021, we will begin Relationships Education. At Ryhill Junior, Infant and Nursery School we have decided to use SCARF, a comprehensive scheme of work for PSHE and Wellbeing education. An overview of SCARF can be found attached to this letter. It covers all of the DfE's new statutory requirements for Relationships Education and Health Education, including non-statutory Sex Education, and the PSHE Association's Programme of Study's recommended learning opportunities, as well as contributing to different subject areas in the National Curriculum. We feel that this scheme of work has been carefully designed taking into consideration age appropriate materials which are well matched to mirror the needs of our community here at Ryhill. In KS1 and KS2 the learning will be divided into 6, half termly units as follows:

1. **Me and My Relationships:** includes content on feelings, emotions, conflict resolution and friendships;
2. **Valuing Difference:** a focus on respectful relationships and British values;
3. **Keeping Myself Safe:** looking at keeping ourselves healthy and safe
4. **Rights and Responsibilities:** learning about money, living the wider world and the environment;
5. **Being My Best:** developing skills in keeping healthy, developing a growth mindset (resilience), goal-setting and achievement;
6. **Growing and Changing:** finding out about the human body, the changes that take place from birth to old age and being safe.



As part of our consultation with parents and carers we wanted to make you aware of these changes and offer you the opportunity to have your say so that we can ensure that we meet the needs of our pupils and community in the best possible way. To help with this I will be sending out our Draft PSHE and RSE Policy with further details about how we will be teaching Relationships Education and what we will be covering in each year group. Alongside this, we will be sending out a parent survey to help us gather parental thoughts and views.

In the meantime, if you have any further questions, please do not hesitate to get in touch. Thank you for your continued support.

Yours Sincerely,

Mrs A Kenyon (Deputy Headteacher)

The DfE guidance on Relationships Education can be seen at <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools> or by scanning the QR code:

